

# *Northumberland*

## *Family Health Team*

**January 13, 2016**

**To: Northumberland Medical Arts Inc.**

***The Northumberland Family Health Team (NFHT) is a provider-led Family Health Team currently made up of 21 local family physicians and 15 integrated health care professionals who work to deliver the highest possible quality of primary care for our patients.***

***The NFHT emphasizes health promotion and improved management of chronic disease through treatment and monitoring as well as supporting their patients in improving self-management skills. Programs and services are developed and offered based on a strategic review of the health care needs of the patients and the community. Our current programs and services include: Healthy Living; Smoking Cessation; Seniors' Assessment Clinic; Healthy Heart; Physiotherapy Services, Chiropody Services; Mental Health Services.***

***Moving together under one roof at the Northumberland Medical Arts Centre will allow us to improve the experience for our patients. A family health team is a collaborative care model that is most effective if all health care professionals are able to practice together. Moving together will allow us the flexibility to explore options for expanded access hours utilizing a shared EMR(Electronic Medical Records System). Close proximity to the hospital will allow our physicians and NHH to improve the integrated care we provide to our patients who require a hospital stay.***

**Sincerely,**



**Laurel Savoy  
Executive Director  
Northumberland Family Health Team**